

Cervical Pre-Procedure Guidelines

Patients should not stop anticoagulation medication or supplements without physician approval. Patients should check with the prescribing physician for permission to hold the medication prior to the procedure and have the information sent to Dr. Barr for review along with pre-procedure labs prior to scheduled procedure.

* There are special circumstances, per physician direction, in which these guidelines may not be followed. Holding the anticoagulant should be determined on an individual basis depending upon multiple factors including the risk to the patient of being off the anticoagulant.

Please note the patient needs to be off 10- days before obtaining the blood work as otherwise it will likely be abnormal.

Anticoagulation should be held for performance of the following:

Cervical (C) interlaminar Cervical (C) epidural

WITH PRESCRIBER APPROVAL STOP:

Prescriptions Medications:

Supplements:

Over the Counter Medications:

Warfarin (coumadin)	Fish oil	Any dry eye medication/drops
Plavix (clopidogrel)	Curcumin	Aspirin
Eliquis (apixaban) Xarelto(rivaroxaban)	Turmeric	BC Powder
Aggrenox (aspirin/extended-release dipyridamole)	Omega 3/6 fatty acids	Motrin
Pletal (CILOSTAZOL)	CBD oil	Alieve
Pradaxa (Dabigatran etexilate mesylate)	Marijuana	
Naproxen		
Diclofenac (Voltaren-XR,) Mefenamic acid		
Celebrex (celecoxib)		
Etoricoxib (Arcoxia)		
Indomethacin (Indocin)		
Meloxicam		
Ticlid (TICLOPIDINE)		